

# HAMPSTEAD PARISH CHURCH MAGAZINE FOR SEPTEMBER 2024

# BUILDING AN INCLUSIVE COMMUNITY OF CHRISTIAN LOVE, FAITH, WITNESS AND ACTION

Father Graham
reflects on his time
here as he looks
forward to his move to
Cambridge

Arts and Crafts
through the eyes of
Ecclesiasticus –
A sermon from
Mother Carol

Mercy Ships want your used

stamps





Holiday in Hampstead Some favourite recipes

# Plus

Music for September, the Hampstead Collective Concerts, and Organ Recital dates for the autumn and a PCC Report

### **HAMPSTEAD PARISH CHURCH**

[Registered Charity No. 1129264] Church Row, NW3 6UU

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Website: hampsteadparishchurch.org.uk
Facebook: Hampstead Parish Church
Instagram: @HampsteadPC / X: @Hampstead\_PC
Youtube: youtube.com/c/hampsteadparishchurch

### **Sunday worship:**

8.00am Holy Communion (Book of Common Prayer)10.30am Choral Holy Communion (Common Worship)5.00pm Choral Evensong (BCP)

# Weekday worship:

Mon – Thu: Morning Prayer at 9.00am, Evening Prayer at 5.00pm
Wednesdays Holy Communion at 10.15am
Thursdays Rosary prayer on Zoom at 8.30am
Saturday Evening Prayer at 5.00pm

But please check the weekly email—sometimes we have to make changes to our pattern of worship\*

For Baptisms, Weddings, Funerals, Home Communions and
Home Visits
please contact The Vicar
Revd Carol Barrett Ford
0207 794 5808
vicar@hampsteadparishchurch.org.uk

\* to be added to the email list please contact the parish <u>office</u> <u>vestry@hampsteadparishchurch.org.uk</u>

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\*From Parish Pump

# **Diary for September**

# Sunday Ist - Trinity 14

8.00am Holy Communion

10.30am Choral Holy Communion

(Backpack Sunday)

5.00pm Choral Evensong followed by sherry with the

Choir

Wed 4th 10.15am Holy Communion

Thu 5<sup>th</sup> 9.45am Parochial School service

Sat 7<sup>th</sup> 10.00am Flower arranging demonstration

10.00am Gardening

7.30pm Directors' Showcase – a Hampstead Players'

event in the Crypt. See their website for details

# Sunday 8<sup>th</sup> – Trinity 15

8.00am Holy Communion

10.30am Choral Holy Communion

5.00pm Choral Evensong

6.30pm Sacred Space Youth Group

Tue 10<sup>th</sup> 9.45am Holy Hamsters Baby & Toddler Group

Wed 11<sup>th</sup> 10.15am Holy Communion Thu 12<sup>th</sup> 7.30pm Community Choir

Sat 14<sup>th</sup> Holy Cross Day

# Sunday 15th - Trinity 16

8.00am Holy Communion

10.30am Choral Holy Communion

5.00pm Choral Evensong

Tue 17th 9.45am Holy Hamsters Baby & Toddler Group

Foodbank collection

Wed 18<sup>th</sup> 10.15am Holy Communion Thu 19<sup>th</sup> 7.30pm Community Choir

Sat 21<sup>st</sup> Matthew the Apostle

10.00am Church Cleaning



# Sunday 22<sup>nd</sup> – Trinity 17

8.00am Holy Communion

10.30am Choral Holy Communion

5.00pm Choral Evensong

Mon 23<sup>rd</sup> 8.00pm PCC meets Tue 24<sup>th</sup> 9.45am Holy Hamsters

Wed 25<sup>th</sup> 10.15am Holy Communion Thu 26<sup>th</sup> 7.30pm Community Choir

Sat 28<sup>th</sup> 10.00am Gardening (moved from 5<sup>th</sup> Oct)

# Sunday 29th – Michael and All Angels

8.00am Holy Communion

10.30am Choral Holy Communion -

Fr Graham's last Sunday here

5.00pm Choral Evensong: The first in our sermon series

"This is our Faith" Revd Stephanie Burette

# **Sunday 6<sup>th</sup> October – Dedication Sunday**

Preacher at Evensong The Rt Revd Dr Anderson Jeremiah, Bishop of Edmonton

# **Father Graham writes**

Recently Anouk, Collins and I went up to Cambridge to see the flat that we'll be living in when I take up my role as Chaplain of St John's College. As with any move, we started to picture ourselves there and imagine what it would be like. Collins took a more practical approach by scampering off to explore his new garden.

It led me to reflect on the importance of place and in particular the ways in which our church and the places within it have become so

important to me as we've journeyed together over these last three years.

The font, where I have had the privilege to welcome many new (and mostly little) Christians through baptism. The nave in which we've shared together in worship throughout the church year and in which I've officiated at the marriages of couples, led school services and very occasionally joined in with the community choir. My stall in the Chancel at which I've had the joy of singing at Choral Evensong with our wonderful choir who lift our worship so beautifully. The Chancel itself in which I was ordained Priest and in which it has been wonderful to see the Confirmations of those I've prepared and on the floor of which Mthr Carol and I have sat on cushions with our Youth Group. The pulpit from which I've been grateful for your patience and encouragement as I've developed as a preacher. The crypt rooms in which I've had fun with Junior Church and learned alongside them. The burial ground in which it has been my honour to lay to rest many of our departed loved ones. And most importantly, the place around which the whole building was constructed, the altar; the altar at which I first presided at the Eucharist and to which God continues to draw us. The altar at which God offers all of himself so that we might share in the fullness of love and joy he wants for us.

As I prepare to move on, it is that love of God, shown forth in so many people in our church community that I will take with me. The love shown to each other, and the love shown to me and my family. That has been the most profound demonstration that the Holy Spirit is powerfully at work in Hampstead. There is so much to look forward to in the months and years ahead as God continues build on all that has gone before and to move in new and exciting ways.

Of course, the first and last place that people usually encounter at our church is the doorway. Inscribed above it at Epiphany every year are the letters C + M + B. They stand for the traditional names of the three wise men. But they have also come to stand for the Latin *Christus Mansionem Benedicat* – 'may Christ bless this home'.

As I walk through that door for the last time as your Curate, this will be my prayer for all of you.

May Christ richly bless The Parish Church of St John-at-Hampstead, now and always.

With my thanks, prayers and love,

Fr Graham

# **September**

Judy East

Welcome back to all those who have been away! There was at least one week in August when it did feel as if pretty much everyone was absent, either on holiday or lured by the fine weather (yes, we've finally had some summer). Large areas of empty pews took one back to the days of assigned pews — it was very obvious that the people who sat there were away. As late as the 1960s a paper was produced suggesting it would take an Act of Parliament to overturn the Act allowing pew rents and certainly when I first came in 1965 I remember being told "You can't sit there, that's ..........'s pew." They even still had the names in brass frames (you can see the last of these in the north aisle on the pew of E V Knox, famous editor of Punch, and where Mary, his wife, continued to sit until her death in 2000 (Mary may be better known today as Mary Shepard, illustrator of the Mary Poppins books)). Perhaps if we get really short of money we could re-introduce pew rents? Just a thought........

But the fact that people went away doesn't mean August was particularly quiet. There was, for instance, **Holiday in Hampstead** – a busy, entertaining week for participants and helpers alike. And the **Hampstead Collective** put on an unusual concert on  $12^{th}$  – a staged presentation of Stockhausen's tone-row song cycle of American Indian folk songs. People use words like controversial, important, ground-breaking when describing Stockhausen and I wouldn't quarrel with any

of that. But also, lovely to see Rebecca Hardwick doing something so completely different from what we're used to.

And so on to the "Season of mists and mellow fruitfulness", of Backto-School, of Holy Hamsters, Sacred Space, Choirs, of "This is our Faith" an Evensong sermon series starting on 29<sup>t</sup>, of The Hampstead Collective, the Organ Recitals, Uncle Vanya later in the autumn; of invitations to help with the Winter Night Shelter, with the Christmas Hampers, with the Craft Fair – all these things are coming up in the next few weeks/months, and all feature somewhere in this issue. We are fitting in TWO gardening mornings (7<sup>th</sup> and 28<sup>th</sup>) and if anyone would like to help we have the tools and plenty of weeds. The choir robes are back and freshly washed and mended – and if that sounds obvious I can't begin to tell you how much effort has gone into repairing, labelling, washing and ironing, over the summer!

As well as being such a success Holiday in Hampstead generated a request for recipes so over the next few issues we'll be featuring one or two a month – starting this month with Andrew Penny's Lamb Moussaka and Liz Cross's Raspberry and Almond Trifle.

And finally - a couple of easy charitable suggestions this month that won't cost you a penny - used stamps for **Mercy Ships** and old reading glasses for **Wandsworth prison** - see below for details.

# "A love song to crafts"

Sermon preached by Mother Carol at Evensong on 28th July

Readings: Ecclesiasticus 38: 24-end / Hebrews 8

A number of years ago, I was listening to Radio 4 in the morning and heard a report of a cooper who was looking for an apprentice. As you will know a cooper makes barrels and this particular cooper was lamenting the fact that he could no longer find apprentices to learn an ancient craft. In that report I also learned that in this country the

making of barrels for beer and for holding food stuffs, dates back to at least the 1300s.

There are of course many other trades and artisan works that are still flourishing in this country, although sadly many are dying out or have died out. So you will still find goldsmiths and silversmith, you will also still be able to find blacksmiths. Furrows are rarely ploughed by hand and oxen anymore, but the work of the farmer in sowing seed and bringing in the harvest is still very much alive in this country. Potters are still active, and many people still learn how to 'throw pots' as part of their recreation.

Our reading this evening begins with questioning whether there is time for wisdom when plying a trade, yet it ends up as a kind of 'love song' to the skills involved in trades and crafts. We hear of those who care for oxen and heifers and whose heart is set on toiling on the land. We hear of those who make signets or seals, hugely important at a time when correspondence travelled over a great distance. Seals were as important as a hand-written signature. We hear of the blacksmith who would have created not only the shoes for horses but the weapons of war and also all the daily household implements used in both city and farm. And we hear of the potter turning the wheel with his feet, moulding the clay and providing all the tableware and storage for food and drink.

In each of these descriptions we hear that they are careful about their art, working tirelessly to finish their work carefully, to complete the decoration, that they are concerned over their products. The writer of Ecclesiasticus reminds us that no city can be inhabited without them and that wherever they live, they will not go hungry. In modern times we may have seen many of the trades and crafts mentioned in our reading become 'bespoke' - practised by few people. In the past a master craftsman would instruct many apprentices, but now we struggle to find apprentices for trades such as carpentry, plumbing or bricklaying. Things that were once seen as part of everyday life are now seen more as something that we might do as a hobby. Mechanisation and commercialisation may have increased the variety of objects in our homes but in some way it has reduced the handmade quality of many of our items and dislocated us from the creative

process. After all, I think we can be fairly sure that Jesus would have spent some time working as a kind of 'apprentice carpenter' before he began his public ministry. Joseph's work as a carpenter put him in an important place in the society around him, and a town such as Nazareth would have seen the usual trades and skills. It seems to me that it is fair to think that Jesus would have been expected to help in the family trade. We know that Jesus engaged with the world around him, he observed and commented on various skilled roles—the man who goes to sow seeds, the dresser of vines, or the shepherd tending his sheep. We also know that Jesus is not afraid of the material things of the world, we see him picking the ears of wheat in a walk through the field with his disciples, we see him spit on the ground and make a mud paste for the eyes of the blind man, we see him take bread and wine in a meal with his disciples.

There is a deeper question here for us about how we use our time and how we engage with the material things of our world. If we don't create things ourselves, we're failing to use one of the greatest gifts that God has given us — the intellect and the ability to make things. Perhaps I should make it clear that I am not a Luddite and I don't believe that we should go back to a pre-mechanised world, but I do think we should pause and think about where the things that we have—and own—come from. There is of course an ethical issue about the production of our clothing and many other everyday objects. To achieve some balance we might try to purchase fair trade, to check the provenance of our food, clothing and the objects we use each day. We might want to take up a hobby to reconnect with the beauty and creativity of the world. This is one of the reasons why I try to cook 'from scratch' for myself and Alun whenever I have an evening free of meetings.

For other members of the congregation, it will be needlework, or gardening, or other simple acts that connect the hand and the body in a way that *reconnect us* with the great gift that God has given us—our imagination and our creativity. For like the craftsman, whenever we are creative we glorify God and he receives the creative gift of our hands, delighting in us.

In the name of the Father and of the Son and of the Holy Spirit

# **PCC REPORT**

### Nick Walser

Admission of Children to Holy Communion – Review of Committees and Working Parties – Updated Legacy Policy – Financial Report and Contribution to Diocesan Common Fund

The PCC held its latest meeting on 15 July.

We received an update on the children's activities, including the news that there will be an opportunity for baptised children aged 8+ to be admitted to Holy Communion at an All Age Eucharist on Sunday I December.

We were reminded of the important work which is done by the volunteers who form the various Committees and Working Parties that keep our parish activities running throughout the year. Sheena took us through an updated list of these groups and their membership and we approved their terms of reference.

Mother Carol introduced a discussion on the subject of legacies received by the parish, and we reviewed an updated Legacy Policy which will bring greater clarity and transparency as to how the church will use legacy funds, taking account of any wishes expressed by the donor.

We received Inigo Woolf's report on the financial position at the end of the first half of the year, and heard about the need to increase regular income in the second half to reduce future deficits. We also agreed on the amount that we will pledge to contribute in 2025 to the London Diocese's Common Fund, which pays for clergy stipends and housing costs and other central support services for all parishes in the Diocese.

The PCC's next scheduled meeting will be on Monday 23 September.

# Holiday in Hampstead

To quote the brochure a week of "Interesting Talks, Entertainments, Demonstrations and Delicious Food".

The food was all amazing! Catering for some 30 people each day, with a range of dietary requirements, the cooks served us up something very special – pies, moussakas, pastas, salmon, tiramisu, ice cream – all delicious and all such a lot of work. And the washing up! Full marks to the slaves in the kitchen who stayed there long after everyone had gone back upstairs for their afternoon sessions.

So what of the sessions? We were transported from contemporary France to ancient Iceland with Anne Stevens and Andrew Lloyd Evans respectively, and to Birmingham Cathedral with Jane Bailey; we listened to Puccini with Stephen Tucker and heard about the hazards of broadcasting Eurovision from Martin Evans; there were talks about Dogs (the Vicar, though she didn't bring Tonwen to demonstrate her points) and the House of Lords (Sue Garden), of "Writing on Bodies" from Shobana Jeyasingh and of Mary Seacole from Jessica Mathur;



Andrew Gimson discussed some of his favourite Kings and Queens and John Iddon introduced us to the Thames through the eyes of artists. How many times have you looked at Turner's Fighting Temeraire and never noticed that if it was coming from Sheerness to Rotherhithe that sunset's in the wrong place? But don't rush off to the National Gallery to check it out because it's currently on loan to the Laing Gallery in Newcastle. Entertainment was provided in church by Barbara Alden and

friends and a Bookbinding Demonstration by Margaret Willmer whilst members of the Community Choir went off to Henderson Court one

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<sup>&</sup>lt;sup>1</sup> Two recipes are included this month with more promised in future editions.

afternoon to entertain people in the Day Centre with songs and afternoon tea.

All in all this 10<sup>th</sup> year of Holiday in Hampstead was its usual huge success! A big thank you to everyone involved!

### Sue Kwok adds:

Over the 10 years that Holiday in Hampstead has been running we've served quite a few lunches and people have often asked for some of the recipes so here goes, with more to follow.

# **Andrew Penny's Moussaka**

750g lamb mince

A large onion, two or three sticks of celery and a large clove of garlic all finely chopped

A heaped teaspoon of cumin, thyme and oregano,

A small scattering of cinnamon and allspice - optional

Salt and a generous grinding of pepper

A large glass of red wine (any old plonk is fine)

A tablespoon of olive oil for frying

Two large aubergines or three medium ones sliced into rounds the thickness of 3 or 4 £1 coins.

Olive oil for frying, grilling or roasting

Two large waxy potatoes, or equivalent sliced into rounds the thickness of 2 or 3 £1 coins (i.e. a little thinner than the aubergines) 500ml of milk

Two rounded tablespoons of plain flour

Two walnut sized knobs of butter

A good grating of nutmeg, salt and a good grinding of pepper

A large egg or two small eggs

A 200g packet of feta cheese.

# <u>Method</u>

Make the mince first. Boil a kettle and barely cove the mince in a saucepan. Let it come back to the boils and simmer for a minute or two. Tip off the water which will now contain most of the fat from the mince. Let the mince drain thoroughly and allow the fat to rise to the top of the water. Ideally you will have drained it into a dividing jug but any jug or bowl will do. If you have no dividing jug then I recommend

you acquire one, but meanwhile you could spoon off the fat or better do this first process a couple of hours before, leave the bowl in a cold place and remove the solidified fat.

Fry the onion and celery in the oil adding the garlic after three or four minutes and the drained mince a minute later. Let it fry until it begins to stick to the pan. Add the salt, herbs and spices and then the water in the bowl without its fat. Add the red wine and let it all simmer for at least half an hour and preferably an hour and a half, gradually reducing to a sticky but malleable consistency. When you think you are about ten minutes from the ideal consistency, taste the mince. You may think it needs salt or a bit of umami. I could not possibly recommend adding half or a whole lamb stock cube or even a teaspoon of marmite. But I understand such steps have been known to be taken. Some have also added a teaspoon of flour or worm's set sized squirt of tomato paste to give it a slightly stickier consistency.

While the mince is cooking, make the bechamel topping. You can follow recipe books for this or you can tip, milk, butter, flour, nutmeg, salt and pepper all together in a pan over a medium heat and keep whisking till it thickens to custard consistency. Allow it to cool (while you deal with the aubergines and potato) and once cool enough not to cook the egg(s) add them and stir in with the feta chopped into rough small squares the size of the dice for a board game.

You can fry, grill or roast the aubergine slices. The last is simplest but however you cook them don't overdo it; just a little brown each side and not drenched in oil (which is the risk when frying them). Although they shrink a lot when cooked, you will probably need to cook them in several batches whatever you do.

The potatoes are simpler; just pour boiling water over the slices; two minutes simmering should see them cooked enough. They will be cooked again in the assembled pie, so you can risk them being a little underdone. Better that than falling apart.

You are now ready to assemble the moussaka. You will need an oven dish, preferably square or rectangular and perhaps 2" deep and about

8" or 9" square. Fill it with first a layer of mince, then aubergine, then mince then potato, ending up with potato. You may only have room for one layer each of aubergine and potato; that will not matter. I have never managed fit in more than two of each. Finally pour over the bechamel. It may seem a bit runny but the eggs will make it set. Bake in a moderate oven, say 180 degrees for 30 mins turning it up to brown the topping for another 10 mins, but this you must judge according to your oven; you want the middle of the pie to be hot enough to do any residual cooking of potato that may be needed, but while a little crunchiness around the edges is likely to be popular, burning the topping is not.

I think it's good with spinach well buttered (although this is not very Greek). A Greek salad would also be good but maybe go easy on the feta as there is plenty in the pie.

For the authentically nostalgic Greek experience, open a bottle of Retsina, but it's not easy to find (here or in Greece nowadays)

# Liz Cross's Raspberry and Almond Trifle

(Serves 6 -8)

350 (12oz) frozen raspberries and 100ml (4floz) medium dry sherry or creme de cassis (1 mix both) in a bowl together as the raspberries thaw.

I packet of trifle sponges - split these and sandwich together again with raspberry jam.

Amaretti biscuits - about 10/12 coarsely crushed. 600ml (1 pint) of vanilla custard.

# **Method**

Place the sandwiched sponges in a shallow dish. Spoon the raspberries and sherry over them. Then sprinkle the crushed amaretti biscuits and level with a metal spoon. Carefully pour over the custard. Chill in the fridge - make the day before serving. Before serving decorate with blobs of whipped double cream (1/4 pint) and sprinkle with toasted flaked almonds.

# Christmas Hamper Appeal

Rosemary Loyd

In a few weeks we will be appealing for donations towards our November hamper appeal to buy small items for local elderly people to open at Christmas.

The Appeal proper will be launched much later but it occurs to me that as you pack away your suitcases and holiday/summer wardrobe, you may find small items you have acquired which 'could be useful': trinkets, little soaps, combs, pens, cards, etc. If you would like to donate any towards the annual hamper appeal, please keep them to one side and look out for further announcements about collection arrangements — we'll try to find a suitable box to leave in church. Thank you in advance for anything you can give.

# The C4WS Shelter at Hampstead Parish Church

**Andrew Penny** 

On Saturday nights and Sunday mornings from the beginning of November through to mid January, with a week off for Christmas, we shall again be hosting the cold weather night shelter run by C4WS Homeless Project. The Shelter is very much a corporate enterprise which involves a wide number of members of the congregation and people who are more loosely part of the Church Community - we need help in some way from almost everyone young and



**HOMELESS PROJECT** 

old and there are lots of ways to be involved requiring more or less commitment - but all greatly valued.

We accommodate up to 16 homeless guests (12 men and up to 4 women). We give them a hot dinner, a mattress and duvet for the night and a good breakfast, but perhaps more important we make them welcome and talk to them as friends.

C4WS and its staff provide support for the shelter organisation and a huge amount of welfare support for the guests with the object of setting them up in 28 days with sustainable accommodation.

Here is a list of the tasks and the opportunities for you to help with:-

- 1. Setting up the bedding, stuffing duvets and pillows and setting up and laying the table for dinner. This has usually been done by one or two families as it gives children a chance of helping which they may not do when the guests arrive.
- 2. Preparing a dish or two for dinner and delivering to the Parish Rooms
- 3. A team of three or four to welcome the guests, giving them hot drinks, and then serving and eating dinner with them. The guests usually go to bed quite early but volunteers are needed to stay to about 9pm socialising with guests if wanted.
- 4. A team of two to help clear up and wash up dinner, but with little contact with the guests.
- 5. A man and a woman to stay the night on a mattress but not in the same room as the guests (nor each other unless they want)
- 6. A team of two or three to prepare and serve a simple breakfast at about 7.30 and again socialise with guests until they leave by 9 am
- 7. Another team to help clear up breakfast and strip the mattresses and pack all the bedding away. And finally.....
- 8. Help with laundry; taking two or three pillowcases filled with a small towel, fitted sheet and duvet cover home to wash and return by the following Saturday afternoon.

If you think you could help with any of this, please let me know <a href="mailto:andrewpenny1955@gmail.com">andrewpenny1955@gmail.com</a> I'm happy to have a word about it by arrangement.



We invite you to put your used stamps in a box to go to Mercy Ships but do you know what they do?

Mercy Ships is a global Christian charity that follows the 2,000-year-old model of Jesus to bring hope and healing to those suffering from disability, disfigurement, and disease. We deploy hospital ships and partner with African nations to transform surgical systems and provide free surgery to those most in need. We believe every person is valuable.

# Our patients

In low-income and lower-middle-income countries, nine out of ten people have no access to basic surgical care. Our charity hospital ships sail directly to these people to offer the medical care they need – free.

### The countries we visit

Since 1978, medical missions by Mercy Ships have worked with compassion in more than 56 nations, providing services worth over £1.2 billion that have helped more than 2.8 million people. Our current focus is on sub-Saharan Africa.

Worldwide, 5 billion people lack access to safe, affordable, timely surgery. Many of them live in developing countries where healthcare infrastructure is limited or non-existent, or where there's a shortage of trained healthcare providers.

Fortunately, more than 44% of the world's population lives within 100 miles of a coast — which is why Mercy Ships uses modern hospital

ships to bring world-class volunteer medical professionals directly to the places they're needed most.

As well as completing thousands of urgent operations onboard our floating hospitals, the *Africa Mercy* and the *Global Mercy*, Mercy Ships volunteers also work closely with host nations to improve the way healthcare is delivered across the country, by training and mentoring local medical staff, and renovating hospitals and clinics.

Founded in 1978 by Don and Deyon Stephens, Mercy Ships has worked in more than 55 countries, providing services valued at more than £1.3 billion. By improving healthcare delivery in every country it visits, Mercy Ships is working to eradicate the diseases of poverty and effectively do itself out of a job. Mercy Ships follows the model of Jesus by "bringing hope and healing to the forgotten poor", helping people of all faiths and none.

# Mercy Ships and MAF (Mission Aviation Fellowship).

# Stronger together with land, air and sea.

Imagine desperately needing medical care but you live in such a remote location that you're unable to reach the closest town. The rainy season has left the roads impassable and the only bridge out of your village needs to be repaired. This is a reality for people across parts of Africa living in remote and inaccessible regions.

To combat this inequality, Mercy Ships and Mission Aviation Fellowship (MAF) are delighted to be renewing their partnership to help bring life-changing surgical care to isolated communities across Africa.

Launching in Madagascar, this partnership will enable teams to access hard-to-reach areas and transport patients in need of critical surgical interventions.

You can find out more at mercyships.org.uk. And please keep bringing us your used stamps for Jane Bailey to send in.

# **Old reading glasses**

We all know that feeling of the print getting smaller – and then we succumb to the need for stronger reading glasses. But what to do with the old ones? Well, apparently there's a call for them in prisons. I suppose your reading glasses aren't



the first thing you think of grabbing when being arrested. Alex Bunn will happily collect any you may have tucked away and take them into Wandsworth prison.

# **Churches Together in Hampstead**

Climate Café at the Friends' Meeting House, Heath St from 2pm to 4.30pm on 22<sup>nd</sup> September

# **Hampstead Community Climate Cafe**

Communities in Hampstead getting together on a monthly basis to discuss climate change. Hosted by various venues in the area.

Churches Together will be holding the first of four Climate Cafes on Sunday 22nd September. The Climate Cafes are similar to the Death Café which was held at St John's earlier this year, but their purpose is to voice and share concern about climate change and its consequences rather than death. The hope is that discussion will alleviate anxieties but it is not intended to find practical answers to the problems themselves. Numbers will be limited but entrance is free and you can register at eventbrite.co.uk/e/hampstead-community-climate-cafe-tickets or Contact andrewpenny 1955@gmail.com for details.

# **MUSIC SECTION**

# **Music Notes for September**

Geoffrey Webber

Ist September. The Gradual Psalm at the All-Age Communion Service will be in a different format to usual, using the Responsorial pattern often used in the Roman Catholic church. A cantor sings the verses whilst everyone joins in the refrain which remains the same throughout. Perhaps this will be a suitable option for All-Age services in the future - comments welcome! Alongside two classics at Evensong by Walmisley and Balfour Gardiner, the Introit is by Michael Fleming (1928-2006), who spent most of his life as an Organist and Director of Music working in Anglo-Catholic parishes in and around London. His appointments included All Saints' Margaret St, Croydon Parish Church, St Mary's Primrose Hill, St Alban's Holborn, and finally St Michael's, West Croydon.

8th September. This month contains several items by Spanish composers of the 16th and 17th centuries, and on this Sunday at Communion we sing 'hunting' Mass by Cristóbal de Morales, and the organ voluntary is the Obra de 8° tono 'ensalada' by Aguilera de Heredia, the title referring to the varied nature of the piece which proceeds with many striking effects such as echoes and syncopations. At Evensong we observe the Feast of the Blessed Virgin Mary with an appropriate carol, harmonised by Charles Wood, and the anthem is an extended setting for double choir of the Lord's Prayer (which features in the second lesson) by the central European composer Jacob Handl, who died in Prague in 1591.

15th September. The Missa brevis in F (K 192) is perhaps the finest of Mozart's early Mass settings, with many distinctive features such as the gentle arched figure at the start of the Gloria that returns for the final Amen, and a particularly agile Osanna. The organ voluntary is one of several pieces that both Mozart and Haydn wrote for musical clocks that were extended compositions in their own right. This one, by Haydn, is in the style of a March. Comparatively few musical settings exist of the many stories and parables from the life of Jesus that fill the

Gospels (and which are often read in the season of Trinity), but a few survive from different periods of history such as When Jesus sat at meat by Richard Nicholson, which relates the forgiveness of sins granted to Mary Magdalen. Nicholson (1563-c.1639) probably composed the piece since he spent much of his life as Organist and Informator Choristarum at Magdalen College, Oxford, and although few pieces by him survive, he is best remembered as the first ever 'Heather' Professor of the Music at Oxford. Following a donation by the musician William Heather, who aimed to make better provision for practical music making in the University, Nicholson was appointed to the post, known originally as 'Master of the Musicke', in 1626.

22nd September. The Missa Brevis Sancti Pauli by Anthony Cæsar was composed in 1991 for St Paul's Episcopal Church, Foggy Bottom, in Washington DC. Cæsar was for many years Music Editor of the hymnbook we use here at Hampstead PC, the New English Hymnal, and was a priest who held posts at Winchester Cathedral and the Chapel Royal. At Evensong we sing one of the most imposing and historically significant settings of the canticles in the Anglican tradition: Samuel Sebastian Wesley in E. Although Walmisley's setting in D minor, sung earlier this month, is famous for being the first with an ambitious and independent organ part, Wesley greatly expanded the musical scope of the writing for both voices and organ. He composed it in 1845 whilst Organist at Leeds Parish Church, now Leeds Minster.

29th September. Much of the music for today reflects the Feast of Michaelmas. The organ voluntary at Evensong is a 'Battalla', full of repeated-note fanfares, by one the leading Aragonese composers of the early seventeenth century, José Ximénez, who worked at Zaragoza. At Communion we sing a concertato-style Mass by the Venetian composer Giovanni Rovetta, in which the voices might be said to compete with one another. At Evensong we sing Marenzio's motet Estote fortes (Be valiant in war), and Edgar Bainton's popular anthem with a vision of the eternal kingdom with words from Revelation, And I saw a new heaven.

# **Music List**

# Sunday 1st September – 14th Sunday after Trinity 10.30 am. All-age Holy Communion

Introit Hymn 237

Mass setting (G/S&B/AD) Communion Service in A Thomas T. Noble

Gradual Psalm 15 (responsorial) Robert Gower

Offertory Hymn 'Joy to the world' (t. Antioch)

Communion Motet Jesu, the very thought of thee Edward Bairstow

Post-Communion Hymn 372

Organ Voluntary Prelude in D Major (BWV 532/i) J. S. Bach

# 5 pm. Evensong

Organ Prelude Praeludium to ye Fancie William Byrd

Introit Kindle a light Alan Fleming

Preces & Responses Thomas Morley

Psalm 119.1-16 Stanford / Atkins

Canticles Evening Service in D minor T. A. Walmisley

The Lord's Prayer Robert Stone

Anthem Evening Hymn Balfour Gardiner

Hymn 252

Final Amen Amy Beach

Organ Postlude Rhapsody No. 1 in D flat Herbert Howells

# Sunday 8th September – 15th Sunday after Trinity 10.30 am. Holy Communion

Introit Hymn 362 (t. 185)

Mass setting (G/S&B/AD) Missa Caça Cristóbal de Morales

Gradual Psalm 146 Tone viii/2

Offertory Hymn 478

Communion Motet Pange lingua gloriosi Giuseppe Pitoni

Post-Communion Hymn 306

Organ Voluntary Obra de 8º tono 'ensalada' Aguilera de Heredia

# 5 pm. Evensong

Organ Prelude Liebster Jesu, wir sind hier (BWV 731) J. S. Bach

Introit Hail! Blessed Virgin Mary Trad. arr. C. Wood

Preces & Responses Thomas Morley

Psalm 119.41-56 Pye / Walmisley

Canticles The Fourth Service Adrian Batten

Anthem Pater noster qui es in caelis Jacob Handl

Hymn 182

Final Amen Amy Beach

Organ Postlude Prelude & Fugue in G minor (BWV 558) J. S. Bach

# Sunday 15th September – 16th Sunday after Trinity 10.30 am. Holy Communion

Introit Hymn 475

Mass setting (G/S&B/AD) Missa brevis in F (K 192) W. A. Mozart

Gradual Psalm 116.1-8 Tone ii/1

Offertory Hymn 310

Post-Communion Hymn 325 (omit vv. 4-5)

Organ Voluntary Flötenuhr Musik no. 25 (1793) Joseph Haydn

# 5 pm. Evensong

Organ Prelude All in a garden green William Byrd

Introit O God, the rock of my whole strength John Wilbye

Preces & Responses Thomas Morley

Psalm 119.73-88 Bairstow / Turle

Canticles The Third Service William Byrd

The Lord's Prayer Robert Stone

Anthem When Jesus sat at meat Richard Nicholson

Hymn 346

Final Amen Amy Beach

Organ Postlude Praeludium John Bull

# Sunday 22nd September – 17th Sunday after Trinity 10.30 am. Holy Communion

Introit Hymn 486

Mass setting (G/S&B/AD) Missa Brevis Sancti Pauli Anthony Cæsar

Gradual Psalm 54 Tone vi

Offertory Hymn 401

Communion Motet Cantique de Jean Racine Gabriel Fauré

Post-Communion Hymn 376

Organ Voluntary Grand Jeux (Suite Brève) Jean Langlais

# 5 pm. Evensong

Organ Prelude Voluntary William Byrd

Introit God be in my head Philip Radcliffe

Preces & Responses Thomas Morley

Psalm 119.137-152 Elvey / Pring

Canticles Evening Service in E Samuel S. Wesley

The Lord's Prayer Robert Stone

Anthem O pray for the peace of Jerusalem Herbert Howells

Hymn 431

Final Amen Amy Beach

Organ Postlude Paean Herbert Howells

# Sunday 29th September – Michaelmas 10.30 am. Holy Communion

Introit Hymn 343

Mass setting (G/S&B/AD) Messa concertato (a 4) Giovanni Rovetta

Gradual Psalm 103.19-end Tone viii/2

Offertory Hymn 193

Communion Motet O sacrum convivium Giovanni Georgi

Post-Communion Hymn 349

Organ Voluntary Altro Recercar (Fiori Musicali) Girolamo Frescobaldi

# 5 pm. Evensong

Organ Prelude Obra del octavo tono Pablo Bruna

Introit Estote fortes Luca Marenzio

Preces & Responses Thomas Morley

Psalms 138, 148 Edwards / Ashfield

Canticles Evening Service in E Herbert Murrill

The Lord's Prayer Robert Stone

Anthem And I saw a new heaven Edgar Bainton

Hymn 191

Final Amen Amy Beach

Organ Postlude Batalla del sexto tono José Ximénez

Aidan Coburn Director of the Junior & Community Choirs Joshua Ryan Organist & Assistant Director of Music Geoffrey Webber Director of Music

# The Hampstead Collective

Monday 7<sup>th</sup> October 7.00 – 8.30pm

# **Sacred Songs and Quartets**

by Johannes Brahms and Charles Villiers Stanford Geoffrey Webber (Director/organ)

> Monday 4 November 7.00 – 8.30pm

# The Complete Songs of Henri Duparc

with selected readings from the composer's letters Christine Buras (soprano), Malachy Frame (baritone) Chad Vindin (piano) David Gardner (reader)

> Monday 2<sup>nd</sup> December 7.00 – 8.30pm

# Schubert's Piano Quintet in A Major D.667 alongside Auf dem Strom D.943 and selected Lieder

The Players of the Hampstead Collective, Steven Devine (fortepiano). Christine Buras (soprano)

# Saturday I Ith January (at St Peter's Belsize Park)

In this earthly Paradise: Monteverdi and Purcell 7.00 – 8.30pm

Rebecca Hardwick (soprano), Christine Buras (soprano), Malachy Frame (director) the Players of the Hampstead Collective

Tickets from hampsteadcollective.com

# **Organ Recitals**

Saturday 19<sup>th</sup> October And Saturday 23<sup>rd</sup> November At 4.00pm Details to follow

# **A**utumn

**Emily Dickinson** 

The morns are meeker than they were,
The nuts are getting brown;
The berry's cheek is plumper,
The rose is out of town.
The maple wears a gayer scarf,
The field a scarlet gown.
Lest I should be old-fashioned,
I'll put a trinket on.

# A Tale of More Woe

Review of the Hampstead Players' summer production of Romeo and Juliet

Judy East

Romeo and Juliet is arguably the most accessible of Shakespeare's plays — it still speaks top us today of love and violence. In fact its narrative goes back even longer because the play was apparently based on an even older story. The themes of young love and tragedy have stood the test of time. And, sadly, it seems knife crime has lasted down the ages and 400 years on we still relate to the damage young people on our streets do to each other. And that's our tragedy.

The Hampstead Players



The political scene in Verona – the Prince (Jake Berry) deploring the violence on the streets sounds all too familiar today, but he's a peripheral character, even if he does have some of the most famous final few lines. Really the action focuses on an intimate level. The

lovers, their families, the groups of young people acting out their anger. All this was thrillingly stirred into the melting pot.

The Hampstead Players have a reputation now for putting on seriously good productions and this was as good as anything you might see on the professional stage.

It's always hard to launch into famous speeches and all credit to Katarina Smith (Juliet) and Alex Barbosa Gardiner (Romeo) for making the balcony scene as fresh as if we'd never heard it before. Their relationship blossoms as the play progresses, we live their romance, their hopes and fears, and we agonise with them right to the end. (I found myself willing Juliet to wake up in time to save Romeo, even though I know she won't. Can't we just once have a happy ending?!) And at this point a word on the scenery – the tomb was a particularly effective use of skilfully placed cutouts.

The text is full of clues to the peripheral characters: the nurse (Bonnie MacBird bringing out all the rambling reminiscences that so infuriate everyone), whilst caring for Juliet, remembers her own baby who died; Juliet's mother, who was only 14 when she had Juliet – a child raising a child we would say today. But the unfeeling, indeed brutal Capulets, demand that Juliet be married at once. Having seen her vicious father (a brutally effective performance from Ruth Peel) one understands Juliet's urgent need to escape. And what of Lady Capulet? Susan Catten portrays her range of emotions, from really willing Juliet to be happy about the marriage, to irritation and anger when she isn't, and then to an outpouring of grief as she is led sobbing from the stage – not easy to sustain such wild crying but she achieved it. We felt for her.

Of Romeo's family we hear almost nothing and Lord and Lady Montague (Haseeb Shahid and Dorothy Jenkins) barely feature. All we need to know about Romeo is his infatuation with the enigmatic Rosaline which fuels what comes after Friar Lawrence, ably played by David Gardner, is so keen to wean Romeo off this relationship with Rosaline he agrees to marry Romeo to his new love on the slightest acquaintance. One wonders what was why? And whether, if Romeo hadn't killed Tybalt, Juliet's parents could ever have accepted him as a

son-in-law? The Friar thinks so. He has hopes of this marriage – might it unite the families? The Elizabethans were no strangers to arranged marriages in the interests of unity. Sadly his wish is answered in the most tragic way at the end.

What of the gangs? Dominated by Caroline Lezny's Mercutio, they held us spellbound, waiting for the inevitable outcome. I was particularly struck by the fights. Waving even prop knives around is no joke and the fact that they made the fights look convincing without doing any damage to anyone is a tribute to the actors' skill and Matt Williams' choreography. (Mentioning no names I remember a fight scene in one of my productions some years ago which resulted in one of the actors being knocked out for real, so I know at firsthand how hard it is to get it right.)

So all credit to Matthew Sargent for the direction and to the whole backstage team – the unseen heroes of any production. I can't list everybody – I wish I could, because every part contributes to the whole and the whole was excellent. Suffice it to say The Hampstead Players pulled it off again.

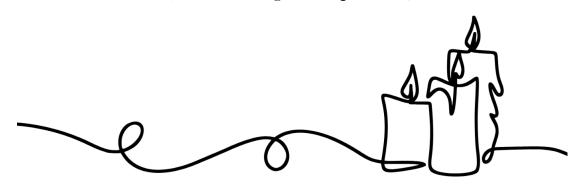
# **Readings for September**

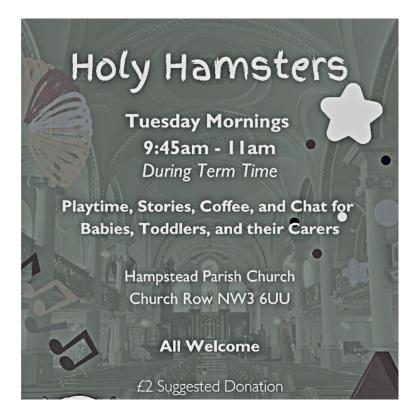
10.30am	<u>5.00pm</u>
Sunday 1st Trinity 14	·
Deuteronomy 4.1-2,6-9	Exodus 12.21-27
Mark 7.1-8, 14-15, 21-23	Matthew 4.23 - 5.20
Sunday 8 <sup>th</sup> Trinity 15	
Isaiah 35.4-7a	Exodus 14.5-end
Mark 7.24-end	Matthew 6.1-18
Sunday 15 <sup>th</sup> – Trinity 16	
Isaiah 50.4-9a	Exodus 18.13-26
Mark 8.27-end	Matthew 7.1-14
Sunday 22 <sup>nd</sup> – Trinity 17	
Jeremiah 11.18-20	Exodus 19.10-end
Mark 9.30-37	Matthew 8.23-end
Sunday 29 <sup>th</sup> – Michael and All Angels	
Genesis 28.10-17	Daniel 10.4-end
John 1.47-end	Revelation 5

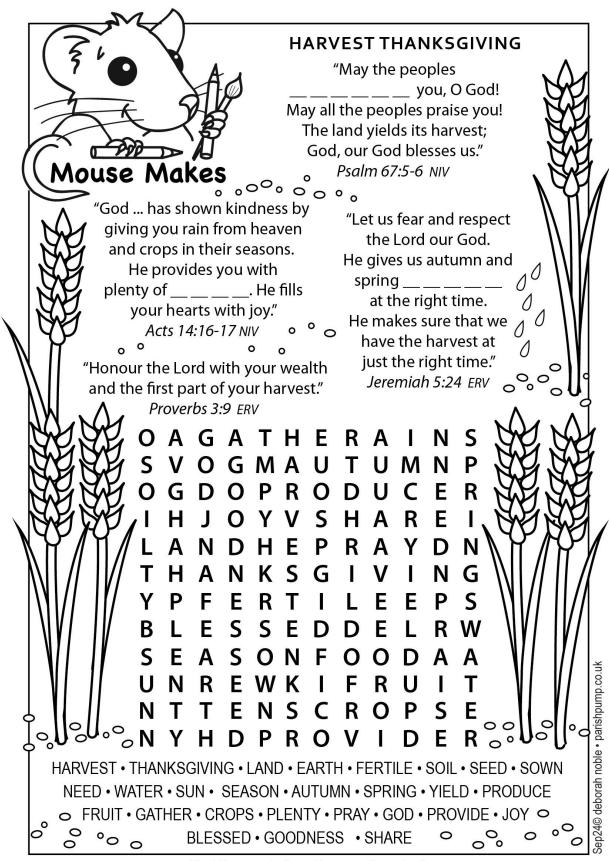
# SACRED SPACE @ 7

HPC Youth Group—a time to catch up with friends, chat & pray with Carol & Graham, with activities & refreshments. Meeting monthly on Sunday evenings 7pm to 8.30pm in Hampstead Parish Church, dates in the Midweek news.

(Year 9 - age 14 upwards)







Find the words from the questions too!